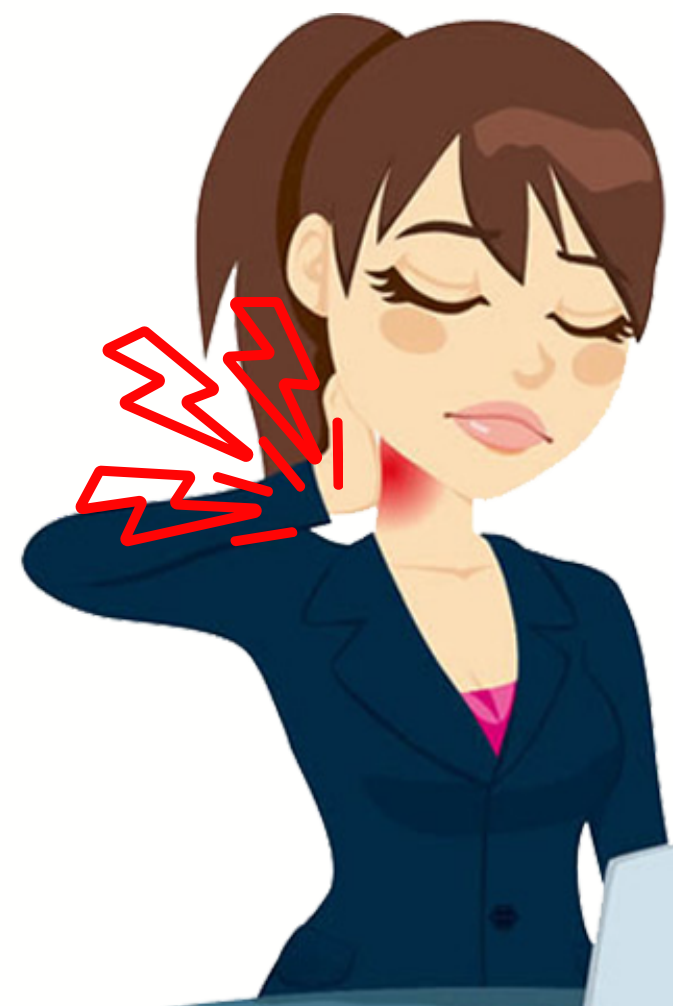


Neck Conditions: What You Need To Know

Most Americans will experience neck pain at some point in their life. Many people have symptoms that might surprise you!



15%
of Americans



Report that neck pain is their most common complaint!

People Who Work In An Office Are Most At Risk Of Developing Neck Pain

SYMPTOMS OF NECK PROBLEMS

Numbness & Tingling in Arms and Hands

Sensory changes, due to nerve compression, can manifest as numbness and/or tingling in arms and hands

Neck Pain & Stiffness

Soreness and difficulty moving the neck, especially when trying to turn the head from side to side.

Loss of Balance When Walking

Nerve compression in the neck can cause a loss of coordination and balance. It can also create a feel of "heaviness" in the legs.

Radiating Pain in the Arm

Nerve pain can cause a stabbing or electric-shock sensation, throbbing, burning, shooting pain, or a sensation of pins and needles.

Shoulder Pain

Sometimes people will experience pain in the shoulder or shoulder blades which can be misdiagnosed a shoulder problem.

Weakness in Arms and Hands

Gripping or lifting objects or performing tasks such as buttoning a shirt or writing can become increasingly difficult.



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